Annual Survey: 2021
Reporting Period: July 1, 2020 through June 30, 2021

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Table of Contents

INTRODUCTION

AUCCCD

The Association for University and College Counseling Center Directors (AUCCCD) is an international organization comprised of colleges and universities from the United States and its territories, Armenia, Australia, Canada, China, France, Grenada, Ireland, Japan, Oman, Qatar, St. Kitts and Nevis, Anguilla, Uganda, and the United Kingdom. AUCCCD works to be the higher education leaders for collegiate mental health.

"We are a professional community that fosters director development and success. To advance the mission of higher education, we innovate, educate and advocate for collegiate mental health. We are committed to inclusive excellence and the promotion of social justice."

The AUCCCD Annual Survey Overview

In 2006, AUCCCD first developed and administered the Annual Survey to its membership as a means to increase the objective understanding of factors critical to the functioning of college and university counseling centers.

The survey continues to provide important information about trends in counseling center service delivery. This year's survey also included information about how centers operated in the context of the COVID 19 pandemic.

In July, 2021, all (non-emeriti) members of AUCCCD were invited to complete the Annual Survey administered through Survey Monkey software. Unique survey links were sent to 899 verified email accounts. A total of 329 counseling center directors responded to the 2021 Survey, a 37% return rate. However, not every director responded to every question and thus, throughout this report, the number of directors/centers/institutions represented by each variable varies.

The reporting period for the information on the 2021 Annual Survey was July 1, 2020 through June 30, 2021. This monograph provides a summary of the data reported in the 2021 AUCCCD Annual Survey.

Please direct all questions, comments, and clarifications to the AUCCCD Survey Coordinator:

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EXECUTIVE SUMMARY

A total of 329 counseling center directors responded to the 2020-2021 AUCCCD survey.

Counseling Center Directors continued to manage the impact of the COVID-19 pandemic on their operations during this academic year. Counseling Centers relied heavily on telemental health services to serve clients; only a few centers offered regular in-person services. Directors reported that the remote operations employed to keep staff and clients safe did have a negative impact on staff morale and staff cohesion. The report indicates that the percentage of students that utilized counseling services at their institution was at its lowest in five years; however, it is expected that utilization rates will return to pre-pandemic levels in the 2021-2022 academic year.

Director Information
Almost half (48%) have 1-5 total years of experience as a Director. Most of the AUCCCD membership includes Directors whose professional identity is from the field of Psychology (50%), Counseling (35%), or Social Work (10%).

Clinical Services
The majority of centers (65%) saw a decrease in demand during 2020-2021, while 3% saw no change. Nearly one-third of centers (32%) saw an increase in demand.
Directors reported, on average, 10.7% of their campus was served by the counseling center in 2020-2021. Counseling centers at smaller institutions tend to serve significantly greater percentages of their entire student population. The average number of sessions per client is 6.0 (6.3 for community colleges) which is higher than the 5.0 session (4.3 for community colleges) in the 2020-2021 report.

Clinical Load Index
For the fourth year in a row, the Clinical Load Index (CLI) was calculated for each center that provided the necessary data. The CLI seems promising as a new method for evaluating and comparing counseling center clinical resources. The average CLI for 2020-2021 was 83.5.

Service Delivery
Most centers do not utilize a weekly model of therapy, as only 44% of centers report this model. Smaller schools tend to retain the weekly model (as high as 66%) and larger schools tend to spread sessions out (as low as 18% reporting using a weekly model). The vast majority (90%) of centers continued providing services to high-risk students even if it meant providing the services via teletherapy.

Stepped Care
47% of counseling centers used a version of stepped care, which refers to offering a campus-wide menu of service options ranging from no care at all to weekly therapy at the counseling center. This is an increase from the 2020 report in which 46% of centers reported using stepped

care. A stepped care model was much more likely to be used at the largest centers (as high as 100%) than at the smallest centers (as few as 20%).

Presenting Concerns
Anxiety continues to be the most frequent concern among college counseling center clients with 61%, followed by stress (47%), depression (44%), family concerns (29%), academic performance difficulties (27%), specific relationship problems (26%), social isolation / loneliness (18%), trauma (17%), sleep disturbance (16%), adjusting to a new environment (16%), eating/body image concerns (15%), grief and loss (11%) and suicidal thoughts (11%).

Telehealth Services
Relatively few centers (16%) regularly offered in-person services. Most centers (78%) reported that licensing guidelines limited the ability to serve students.

CENTER INFORMATION

Highlights
- The majority of centers are open either 10 or 12 months out of the year.
- Centers at smaller institutions are more likely to be open fewer than 12 months out of the year.

Number of Months Center is Open by School Size

School Size	< 9 Months		9 Months		10 Months		11 Months		12 Months	
	#	%	#	%	#	%	#	%	#	%
Under 1,501	0	0	4	21.0%	6	31.6%	1	5.3%	8	42.1%
1,501 – 2,500	0	0	6	17.6%	8	23.6%	2	5.9%	18	52.9%
2,501 – 5,000	0	0	2	5.6%	5	13.9%	0	0	29	80.5%
5,001 – 7,500	0	0	0	0	1	7.1%	0	0	13	92.9%
7,501 – 10,000	0	0	0	0	0	0	2	18.2%	9	81.8%
10,001 – 15,000	0	0	0	0	1	7.1%	0	0	13	92.9%
15,001 – 20,000	0	0	0	0	0	0	1	7.6%	12	92.4%
20,001 – 25,000	0	0	0	0	0	0	0	0	9	100%
25,001 – 30,000	0	0	0	0	0	0	0	0	6	100.0%
30,001 – 35,000	0	0	0	0	0	0	0	0	14	100%
35,001 – 45,000	0	0	0	0	0	0	0	0	1	100%
45,001 and over	0	0	0	0	0	0	0	0	6	100%
TOTAL	**0**	**0%**	**17**	**6.2%**	**32**	**11.6%**	**6**	**2.2%**	**222**	**79.9%**

Percent of Centers Residing in Different Institutional Divisions

Division	# of Centers	Percent
Student Affairs / Student Development / Student Life	93	78.3%
Academic & Student Affairs	10	8.4%
Enrollment Management & Student Affairs	4	3.4%
Student Success / Support Services	1	.1%
Health Services (if not part of Student Affairs)	3	.3%
Academic Affairs	1	.1%
Other*	7	6.0%
TOTAL	**119**	**100%**

Other category included "Campus Life" and "Student Experience"

CENTER CLINICAL SERVICES PROVIDED

Highlight

The average number of sessions per client is 6.0 sessions (6.3 for community colleges).

"Talk Therapy" Appointments

Number of Unique Students Who Attended One or More "Talk Therapy" Service (individual counseling, triage/screening, intake, couples, psychiatric, group)*

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	155	36	32	436
1,501 - 2,500	317	47	50	643
2,501 - 5,000	404	56	76	829
5,001 - 7,500	473	26	154	841
7,501 - 10,000	636	19	55	2,104
10,001 - 15,000	922	22	233	1,814
15,001 - 20,000	1,390	19	482	6,779
20,001 - 25,000	1,585	12	658	4,400
25,001 - 30,000	2,029	10	662	3,316
30,001 - 35,000	2,123	11	1,296	4,644
35,001 – 45,000	2,233	6	850	3,347
45,001 and over	3,531	10	2,214	5,491
TOTAL	**823**	**274**	**32**	**6,779**

* Does not include community college data

Community Colleges Only Appointment Data

The sample size for community colleges was small with cell sizes for school size very low (n=3 or lower) and thus we did not calculate this variable for community colleges. See below for aggregate information for community college utilization.

Number of Unique Students Who Attended One or More "Talk Therapy" Service (individual counseling, triage/screening, intake, couples, psychiatric, group) Community Colleges Only

School Size	Mean	# of Centers	Minimum	Maximum
TOTAL	**216**	**9**	**61**	**571**

Counseling Appointments

Number of Unique Clients Who Attended at Least One Individual Counseling Appointment*

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	152	33	32	506
1,501 - 2,500	294	43	50	643
2,501 - 5,000	347	59	47	824
5,001 - 7,500	427	30	73	763
7,501 - 10,000	520	21	132	1584
10,001 - 15,000	822	26	137	1794
15,001 - 20,000	1013	21	242	3024
20,001 - 25,000	1182	14	447	3858
25,001 - 30,000	1662	9	662	3249
30,001 - 35,000	1429	10	637	2285
35,001 – 45,000	2063	9	578	3847
45,001 and over	2318	10	751	3632
TOTAL	**750**	**284**	**32**	**3847**

Does not include community college data

Community Colleges Only Appointment Data
The sample size for community colleges was small with cell sizes for school size very low (n=3 or lower) and thus we did not calculate this variable for community colleges. See below for aggregate information for community college utilization.

Number of Unique Clients Who Attended at-Least One Individual Counseling Appointment for Community Colleges

School Size	Mean	# of Centers	Minimum	Maximum
TOTAL	**157**	**8**	**49**	**242**

Total Sessions

Total Sessions of Individual Therapy Attended*

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	1,118	28	189	5,386
1,501 - 2,500	1,808	39	410	4,581
2,501 - 5,000	2,208	50	167	5,270
5,001 - 7,500	2,456	25	865	4,764
7,501 - 10,000	3,410	19	322	10,229
10,001 - 15,000	4,111	18	527	10,047
15,001 - 20,000	4,921	15	1,886	8,347
20,001 - 25,000	6,603	11	2,204	20,718
25,001 - 30,000	7,647	10	1,879	17,160
30,001 - 35,000	7,160	8	4,339	10,397
35,001 – 45,000	9,475	4	3,013	16,582
45,001 and over	11,724	6	8,643	17,958
TOTAL	**3,437**	**233**	**167**	**20,718**

Does not include community college data

Community Colleges Only Appointment Data

The sample size for community colleges was small with cell sizes for school size very low (n=3 or lower) and thus we did not calculate this variable for community colleges. See below for aggregate information for community college utilization.

Total Sessions of Individual Therapy Attended Excluding Community Colleges*

School Size	Mean	# of Centers	Minimum	Maximum
TOTAL	**1,020**	**8**	**113**	**1,992**

* Does not include community college data

Average Sessions

Average Number of Sessions of Individual Therapy by School Size*

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	7.3	28	2.4	15.8
1,501 - 2,500	5.9	39	1.7	10.5
2,501 - 5,000	6.3	50	2.5	15.2
5,001 - 7,500	5.8	25	1.9	9.3
7,501 - 10,000	6.1	19	2.4	13.8
10,001 - 15,000	4.9	18	1.9	10.0
15,001 - 20,000	5.8	15	2.4	8.0
20,001 - 25,000	5.3	11	3.5	6.4
25,001 - 30,000	4.9	9	1.0	8.4
30,001 - 35,000	5.5	8	3.8	9.2
35,001 – 45,000	5.4	4	5.2	5.9
45,001 and over	5.3	6	3.9	6.9
TOTAL	**6.0**	**232**	**1.0**	**15.8**

Does not include community college data
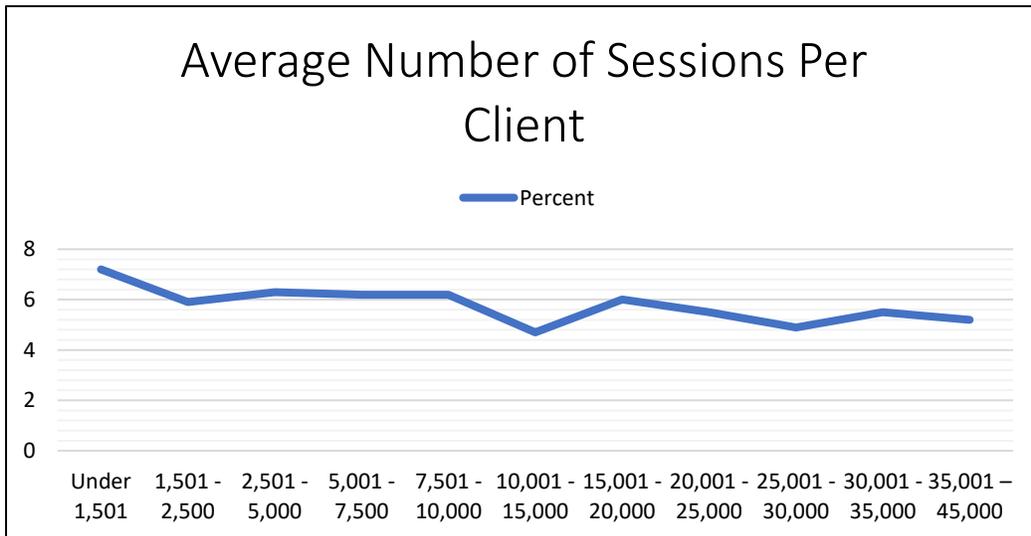
There is a tendency for larger centers to offer fewer appointments per client.

Community Colleges Only Appointment Data

The sample size for community colleges was small with cell sizes for school size very low (n=3 or lower) and thus we did not calculate this variable for community colleges. See below for aggregate information for community college utilization.

Average Number of Sessions of Individual Therapy for Community Colleges

School Size	Mean	# of Centers	Minimum	Maximum
TOTAL	**6.3**	**8**	**2.3**	**9.5**

SERVICE DEMAND

Utilization of Counseling Services

Highlights

- Smaller counseling services tend to serve a larger percentage of their student body than larger counseling services.
- Utilization of college counseling services varies widely based on school size.

Percent of Campus Served by Counseling Services*

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	15.6	34	2.7	39.3
1,501 - 2,500	15.4	49	2.5	30.3
2,501 - 5,000	11.8	56	2.1	27.7
5,001 - 7,500	7.5	26	2.9	14.6
7,501 - 10,000	7.1	19	0.6	25.6
10,001 - 15,000	7.5	22	2.0	14.2
15,001 - 20,000	7.8	19	2.6	34.3
20,001 - 25,000	6.8	15	2.6	18.9
25,001 - 30,000	7.5	10	2.5	13.2
30,001 - 35,000	3.9	11	3.9	13.3
35,001 – 45,000	5.6	6	7.1	5.6
45,001 and over	6.6	10	3.8	9.0
TOTAL	**10.7**	**277**	**0.6**	**39.3**

* Does not include community college data

Percent of Students Served by Counseling Centers

15.6 15.4 11.8 7.5 7.1 7.5 7.8 6.8 7.5 3.9 5.6 6.6

UNDER 1,501 | 1,501 - 2,500 | 2,501 - 5,000 | 5,001 - 7,500 | 7,501 - 10,000 | 10,001 - 15,000 | 15,001 - 20,000 | 20,001 - 25,000 | 25,001 - 30,000 | 30,001 - 35,000 | 35,001 – 45,000 | 45,001 AND OVER
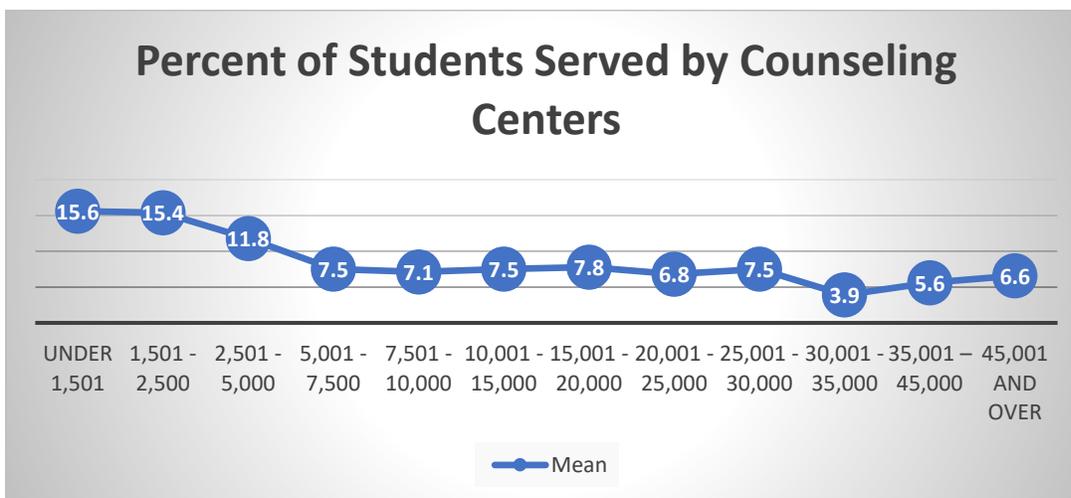
— Mean

The average percent of students served is highest for schools less than 5,000. The mean percentage is relatively similar for all other school sizes.

13

Community Colleges Only Appointment Data

The sample size for community colleges was small with cell sizes for school size very low (n=3 or lower) and thus we did not calculate this variable for community colleges. See below for aggregate information for community college utilization.

Percent of Campus Served by Counseling Services for Community Colleges

School Size	Mean	# of Centers	Minimum	Maximum
TOTAL	2.0	8	0.5	5.0

Four Year Trends in Percent of Campus Served by Counseling
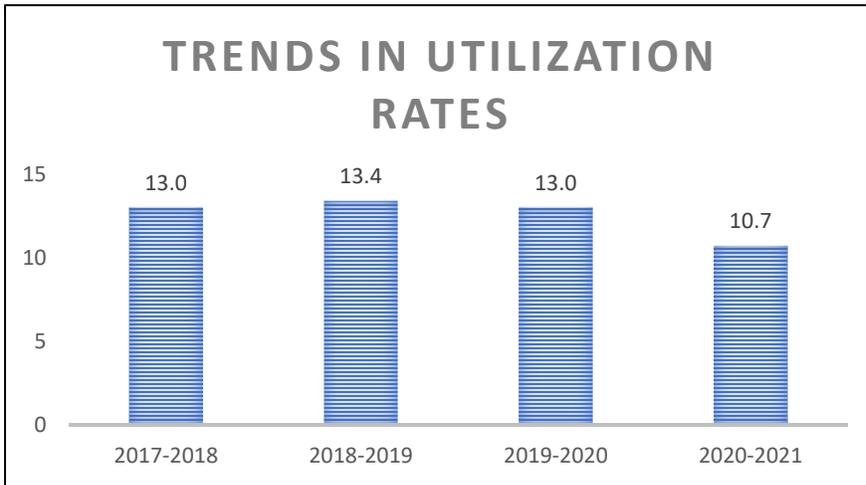
Prior to the COVID Pandemic, counseling centers had been managing increases in utilization. This graph indicates how the trend shifted during the pandemic. The expectation is that the percentages will rise again in 2021-2022 since many universities and colleges have returned to routine operations.

Clinical Capacity

Clinical Capacity = total number of weekly hours of direct service available at the center.

Clinical Capacity of Center by School Size

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	66.0	30	22	330
1,501 – 2,500	88.0	43	25	194
2,501 – 5,000	113.8	57	35	298
5,001 – 7,500	122.7	28	62	256
7,501 – 10,000	186.1	18	54	425
10,001 – 15,000	191.6	28	66	405
15,001 – 20,000	274.4	20	65	432
20,001 – 25,000	313.7	15	124	548
25,001 – 30,000	360.6	9	49	478
30,001 – 35,000	473.1	10	162	600
35,001 – 45,000	535.9	8	298	885
45,001 and over	692.2	10	270	1,007
TOTAL	194.8	276	22	1,007

Clinical FTE

Clinical FTE = Clinical Capacity divided by 24.

This variable represents the full time equivalents of "standard counselors" in a center. It is important to note that a "standardized counselor" is not an actual person, but is a standardized unit of clinical capacity (in 24-hour blocks) that a theoretical 40-hour per week counselor would provide. For more information, please see https://ccmh.shinyapps.io/CLI-app/_w_a46ed2aa/Clinical%20Load%20Index%20(CLI)%20Guide.pdf.

Clinical FTE (CFTE) of Center by School Size

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	2.75	30	0.92	13.75
1,501 – 2,500	3.66	43	1.04	8.08
2,501 – 5,000	4.74	57	1.46	12.42
5,001 – 7,500	5.11	28	2.58	10.67
7,501 – 10,000	7.75	18	2.25	17.71
10,001 – 15,000	7.98	28	2.75	16.88
15,001 – 20,000	11.43	20	2.71	18.00
20,001 – 25,000	13.07	15	5.17	22.83
25,001 – 30,000	15.02	9	2.04	19.92
30,001 – 35,000	19.71	10	6.75	25.00
35,001 – 45,000	22.33	8	12.42	36.88
45,001 and over	28.84	10	11.25	41.96
TOTAL	**8.12**	**276**	**0.92**	**41.96**

Clinical Load Index

Clinical Load Index = Unique number of clients served divided by Clinical FTE
The CLI score is intended to represent the "caseload" that a standardized counselor (see above)
carries. Again, for more information please see https://ccmh.shinyapps.io/CLI-
app/_w_a46ed2aa/Clinical%20Load%20Index%20(CLI)%20Guide.pdf.

Clinical Load Index (CLI) of Center by School Size

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	66.9	29	18	234
1,501 – 2,500	82.2	42	24	272
2,501 – 5,000	75.9	57	26	173
5,001 – 7,500	93.0	28	32	276
7,501 – 10,000	71.9	18	27	132
10,001 – 15,000	102.8	27	29	250
15,001 – 20,000	92.7	19	36	205
20,001 – 25,000	87.9	14	39	218
25,001 – 30,000	87.7	8	64	166
30,001 – 35,000	77.6	9	51	123
35,001 – 45,000	98.0	8	40	161
45,001 and over	90.4	9	42	225
TOTAL	**83.5**	**268**	**18**	**276**
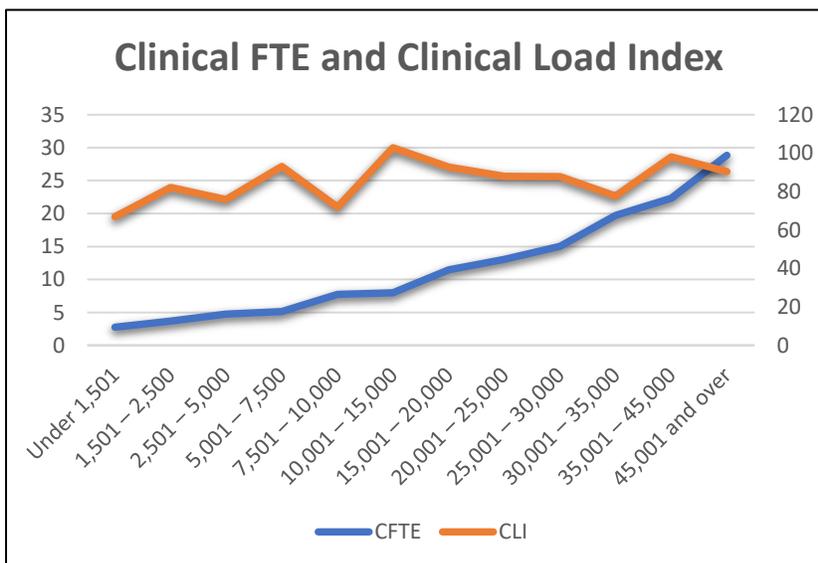
While the average CFTE increases as school size increases, the average CLI stays between about 70 and 103 across all school sizes.

The CLI is a better way to estimate the demand on the counseling center staff than the CFTE.

16

Clinical Load Index (CLI) of Center by Session Frequency

Frequency	Mean	# of Centers	Minimum	Maximum	SD
Weekly	70.0	118	18	213	36.2
Most Every Other Week	90.0	96	29	276	43.7
All Every Other	99.0	48	37	250	49.6
Other Strategies*	111.3	6	56	234	61.7
TOTAL	83.5	268	18	276	43.9

Other strategies include: many clients placed in groups, clients limited to 3-4 sessions/year, using 'one at a time model' in which students are not automatically scheduled for next session but invited to return as needed.

> The CLI is highest for centers with a policy that clients are scheduled every other week. This reflects that these centers are managing more clients per counselor. While causality cannot be determined from this data, it is likely that high demand on a center is a primary factor that leads many centers to adopt an every-other-week scheduling policy.

CLI Zones

The Center for Collegiate Mental Health has published information on national distribution of the CLI for counseling centers from 7/1/2020-6/30/2021(https://ccmh.shinyapps.io/CLI-app/).
In that report, the CLI scores are broken into three zones:
Low: Less than 48
Mid: Between 48 and 133
High: Greater than 133

The following table calculates the survey respondents' CLI scores into these zones.

Number of Center CLI Scores by Zone

Zone	# of Centers	Percentage
Low	112	50.0%
Mid	100	44.6%
High	12	5.4%
Total	224	100%

SERVICE DELIVERY

Highlights
- Most centers have policies that necessitate scheduling appointments every other week, with smaller schools tending to retain the weekly model and larger schools tending to spread sessions out.
- Many centers have implemented some type of stepped care model, regardless of size, but larger schools are more likely to have this model than smaller schools.
- The majority of centers (65.3%) saw a decrease in demand during 20-21, while 3.1% saw no change. Nearly one-third of centers (31.6%) saw an increase in demand.
- The vast majority of centers provided services to high risk students even if it meant providing the services via teletherapy.

Appointment Frequency

Percent of Centers with Policies for Frequency of Appointments

Appointment Frequency	# of Centers	Percentage
Most Seen Weekly	132	43.9%
Most Seen Every Other Week	108	35.9%
All Seen Every Other Week	55	18.3%
Other	6	2.0%
TOTAL	**301**	**100%**

*Those reporting "other" policies most frequently reported a stepped care model, having "one at a time" model, or not providing on-going individual counseling.

Percent of Centers with Policies for Frequency of Appointments by School Size

School Size	# of Centers	Most Seen Weekly	Most Seen Every Other Week	All Seen Every Other Week or Longer	Other*
Under 1,501	35	65.7%	20.0%	11.4%	2.9%
1,501 – 2,500	44	50.0%	31.8%	15.9%	2.9%
2,501 – 5,000	60	45.0%	43.3%	11.7%	—
5,001 – 7,500	30	36.7%	50.0%	10.0%	—
7,501 – 10,000	21	47.6%	33.3%	19.0%	—
10,001 – 15,000	28	47.6%	50.0%	10.7%	3.6%
15,001 – 20,000	25	52.0%	24.0%	24.0%	—
20,001 – 25,000	14	28.6%	16.0%	35.7%	7.1%
25,001 – 30,000	11	45.4%	36.3%	18.2%	—
30,001 – 35,000	12	25.0%	33.3%	33.3%	8.3%
35,001 – 45,000	10	20.0%	40.0%	40.0%	—
45,001 and over	11	18.2%	27.3%	54.5%	—
TOTAL	**301**	**43.9%**	**35.9%**	**18.3%**	**2.0%**

18

Stepped Care

Stepped care refers to a service delivery model that starts with the least intensive intervention that is likely to meet the needs of the client. Levels in a stepped care model include interventions such as self-help resources, peer support, skills-building groups, therapy groups, individual therapy, and psychiatric services.

Centers Having a Version of Stepped Care by School Size

School Size	# of Centers	Percentage
Under 1,501	7	20.0%
1,501 – 2,500	13	29.5%
2,501 – 5,000	22	36.7%
5,001 – 7,500	17	58.6%
7,501 – 10,000	10	47.6%
10,001 – 15,000	15	53.6%
15,001 – 20,000	12	52.2%
20,001 – 25,000	8	53.3%
25,001 – 30,000	9	81.8%
30,001 – 35,000	8	66.7%
35,001 – 45,000	8	80.0%
45,001 and over	11	100%
TOTAL	**140**	**46.8%**

Utilization Changes

Percentage Change in the Number of Unique Clients Center Served

Amount of Change	# of Centers	Percentage
More than 10% Decrease	122	41.9%
6-10% Decrease	37	12.7%
1-5% Decrease	31	10.7%
0% (No Change)	9	3.1%
1-5% Increase	28	9.6%
6-10% Increase	16	5.5%
11-15% Increase	8	2.7%
16-20 % Increase	4	1.4%
21-25% Increase	10	3.4%
26-30% Increase	8	2.7%
31-35% Increase	5	1.7%
36-40% Increase	4	1.4%
Over 40% Increase	9	3.1%
TOTAL	**291**	**100%**

This table indicates a decrease in service provision. This change reflects the ongoing impact of the COVID-19 pandemic on counseling centers and it is expected that counseling center demand will return to pre-pandemic levels in the coming year.

Percentage Change in the Number of Unique Clients Center Served by School Size

School Size	> 10% decrease	6-10% decrease	1-5% decrease	No Change	1-5% increase	6-10% increase	> 10 % increase
Under 1,501	34.4%	6.3%	9.4%	6.3%	15.6%	6.3%	21.9%
1,501 – 2,500	27.9%	11.6%	16.3%	4.7%	14.0%	4.7%	20.1%
2,501 – 5,000	43.1%	8.6%	13.8%	3.4%	12.1%	6.9%	12.1%
5,001 – 7,500	40.0%	13.3%	10.0%	6.7%	6.7%	3.3%	20.0%
7,501 – 10,000	30.0%	20.0%	5.0%	5.0%	0.0%	10.0%	30.0%
10,001 – 15,000	42.9%	14.3%	10.7%	—	14.3%	3.6%	14.3%
15,001 – 20,000	59.1%	22.7%	—	—	4.5%	4.5%	9.1%
20,001 – 25,000	64.3%	14.3%	14.3%	—	—	—	7.1%
25,001 – 30,000	50.0%	10.0%	20.0%	—	—	10.0%	10.0%
30,001 – 35,000	63.6%	—	—	—	9.1%	9.1%	18.2%
35,001 – 45,000	40.0%	30.0%	10.0%	—	—	10.0%	10.0%
45,001 and over	40.0%	20.0%	10.0%	—	10.0%	—	20.0%
TOTAL	**41.9%**	**12.7%**	**10.7%**	**3.1%**	**9.6%**	**5.5%**	**15.6%**

Percent of Centers Stating that They Provided Services to High Risk Clients

Did You Provide Services to High Risk Clients	# Centers	% Centers
Yes	271	90.0%
No	30	10.0%
TOTAL	**301**	**100%**

Percent of Centers Stating that They Provided Services to High Risk Clients by School Size

School Size	# of Centers	Percentage
Under 1,501	27	79.4%
1,501 – 2,500	38	86.4%
2,501 – 5,000	56	93.3%
5,001 – 7,500	24	80.0%
7,501 – 10,000	19	90.5%
10,001 – 15,000	26	96.3%
15,001 – 20,000	24	96.0%
20,001 – 25,000	15	100%
25,001 – 30,000	10	90.9%
30,001 – 35,000	12	100%
35,001 – 45,000	9	90%
45,001 and over	11	91.7%
TOTAL	**271**	**90.0%**

Percent of Centers Stating that They Provided Services to High-Risk Clients and Provided Routine In-Person Appointments

Providing Routine In-Person Appointments	Did Provide Services to High Risk Clients	Did Not Provide Services to High Risk Clients	Total
Yes	42 (15.6%)	4 (13.8%)	46
No	227 (84.1%)	25 (86.2%)	252
Total	269	29	298

CRISIS APPOINTMENTS

Highlights

- Crisis appointments tend to be highest among centers whose policy is to schedule almost all clients for every other week appointments.
- About two-thirds of responding centers have access to psychiatric providers on their campuses. Schools with enrollments under 7,501 are less likely to have on-campus access to psychiatric care for their clients.
- Approximately 83% of reporting centers have a hospital with a behavioral health unit within 10 miles of their institution. Of institutions with enrollments of 20,001 or more, only 2 reporting centers were more than 10 miles away from a behavioral health unit.

Number of Clients Who Attended a Crisis Appointment

School Size	Mean	# of Centers	Minimum	Maximum
Under 1,501	18.9	8	1	35
1,501 – 2,500	68.1	17	3	444
2,501 – 5,000	47.6	29	0	219
5,001 – 7,500	57.1	15	3	276
7,501 – 10,000	79.5	14	3	248
10,001 – 15,000	113.3	15	13	310
15,001 – 20,000	87.9	16	4	329
20,001 – 25,000	93.6	10	28	182
25,001 – 30,000	130.0	8	26	248
30,001 – 35,000	108.0	9	41	181
35,001 – 45,000	218.9	8	41	474
45,001 and over	553.1	9	21	1,664
TOTAL	**110.6**	**157**	**0**	**1,664**

Location of Psychiatric Providers on Campus

Location of Psychiatric Provider	# of Centers	Percent
No psychiatric provider on campus	111	36.4%
On campus but not in center	71	23.3%
Only in the center	107	35.1%
In the center and elsewhere on campus	16	5.2%
TOTAL	**305**	**100%**

Location of Psychiatric Providers on Campus by School Size

School Size	% of Centers with No Provider on Campus	# of Centers with Provider Elsewhere on Campus	# of Centers with Provider in Counseling Center	# of Centers with Provider in Center and Elsewhere on Campus
Under 1,501	65.7%	14.3%	17.1%	2.9%
1,501 – 2,500	51.1%	13.3%	31.1%	4.5%
2,501 – 5,000	45.0%	15.0%	36.7%	3.3%
5,001 – 7,500	41.9%	9.7%	45.2%	3.2%
7,501 – 10,000	28.6%	19.0%	42.9%	9.5%
10,001 – 15,000	32.1%	32.1%	32.1%	3.7%
15,001 – 20,000	16.0%	20.0%	64.0%	—
20,001 – 25,000	13.3%	60.0%	26.7%	—
25,001 – 30,000	18.2%	45.5%	36.3%	—
30,001 – 35,000	8.3%	50.1%	33.3%	8.3%
35,001 – 45,000	—	50.0%	40.0%	10.0%
45,001 and over	9.1%	36.4%	9.1%	45.4%
TOTAL	**36.5%**	**23.0%**	**35.2%**	**5.3%**

Proximity of Nearest Hospital with Behavioral Health Unit

Distance	# Centers	% Centers
0-5 miles	131	68.6%
6-10 miles	29	15.2%
11-20 miles	13	6.8%
21-30 miles	5	2.6%
31-40 miles	6	3.1%
Over 40 miles	7	3.7%
TOTAL	**191**	**100%**

Proximity of Nearest Hospital with Behavioral Health Unit Based on School Size

School Size	0-5 miles	6-10 miles	11-20 miles	21-30 miles	31-40 miles	Over 40 miles
Under 1,501	50.0%	16.7%	25.0%	8.3%	—	—
1,501 – 2,500	52.4%	19.0%	14.3%	4.8%	—	9.5%
2,501 – 5,000	61.8%	11.8%	8.8%	5.9%	5.9%	5.9%
5,001 – 7,500	64.7%	17.6%	—	—	5.8%	11.8%
7,501 – 10,000	60.0%	20.0%	20.0%	—	10.0%	—
10,001 – 15,000	68.4%	21.0%	5.3%	—	5.3%	—
15,001 – 20,000	76.2%	14.2%	4.8%	4.8%	—	—
20,001 – 25,000	90.9%	—	—	—	—	9.1%
25,001 – 30,000	88.9%	11.1%	—	—	—	—
30,001 – 35,000	63.6%	36.4%	—	—	—	—
35,001 – 45,000	80.0%	10.0%	—	—	10.0%	—
45,001 and over	100%	—	—	—	—	—
TOTAL	68.4%	15.3%	6.8%	2.6%	3.1%	3.8%

Proximity of Nearest Hospital with Behavioral Health Unit Based on Campus Location

Location	0-5 miles	6-10 miles	11-20 miles	21-30 miles	31-40 miles	Over 40 miles
Metropolitan	100%	—	—	—	—	—
Urban	71.9%	19.3%	3.5%	—	—	5.3%
Urban Adjacent	57.1%	33.3%	4.8%	—	4.8%	—
Rural	30.4%	8.7%	13.0%	21.8%	17.4%	8.7%
TOTAL	68.0%	20.6%	6.1%	5.1%	5.1%	5.1%

PRESENTING PROBLEMS OF CLIENTS

Highlights

- Consistent with other national reports, anxiety, stress, and depression are the top three presenting concerns, with stress outpacing depression for the first time since the 2016-2017 AUCCCD Directors Survey.

Mean Percent of Clients with Specific Presenting Concerns

Presenting Problem	# of Centers Reporting	Mean Percent
Anxiety	203	60.8%
Stress	176	46.9%
Depression	201	44.3%
Family	179	28.8%
Academic Performance Difficulties	191	27.3%
Relationship Problem	172	25.7%
Social isolation / Loneliness	165	18.2%
Trauma (Not Including Sexual Assault)	173	17.4%
Sleep Disturbance	155	15.9%
Adjustment to New Environment	178	15.7%
Eating/Body Image	194	14.6%
Grief or Loss	192	11.2%
Suicidal Thoughts/Behaviors	178	10.7%
Career Concerns	165	10.4%
Survivor of Sexual Abuse or Assault or Misconduct	176	8.1%
Non-Suicidal Self-Injury	173	5.7%

NOTE: The number of centers reporting data varied for each presenting problem area. Some centers collect this data from clinician rating of concerns while other centers collect this data from client self-report. Another reason for the variability is that many centers did not report any data on these variables, either because they do not collect such data or because the manner in which the data is collected does not allow for easy tabulation.

4 Year Trends in Presenting Problems*
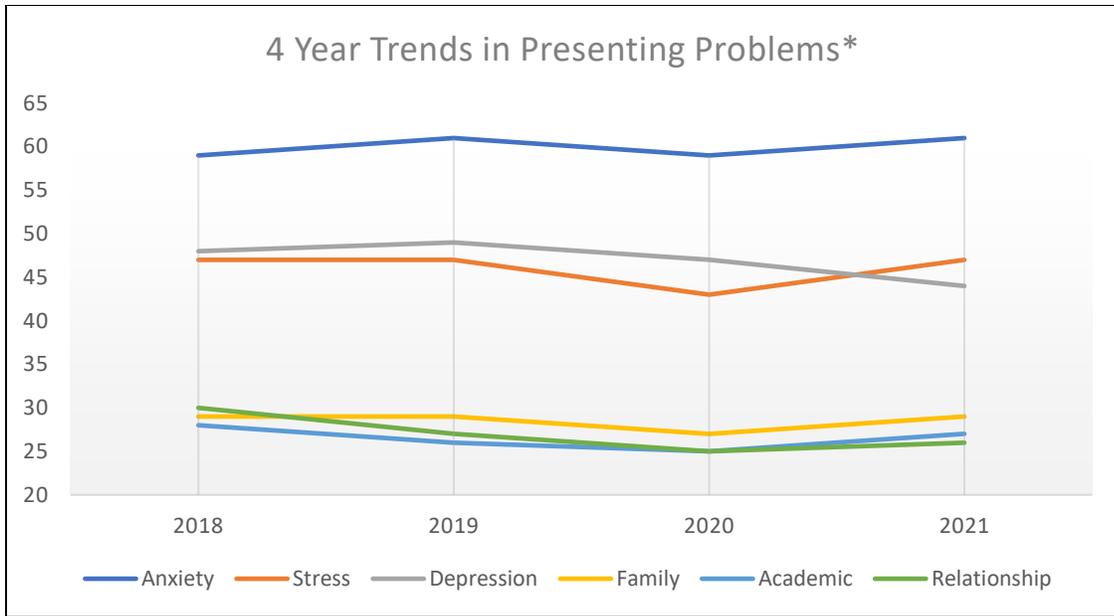
This chart only includes presenting problems with percentages of 25% or more.

TELEMENTAL HEALTH

Highlights

- Of those using telemental health services, the most common method was video conferencing followed by phone-based services.
- Of those using adjunctive telemental health services, the most frequent method was to provide mental health screenings online.
- Relatively few centers (15.5%) regularly offered in-person services. Those centers providing in-person services were more likely to be located in either metropolitan or rural areas.
- Most centers reported that state licensing laws affected their ability to provide support to students throughout the height of the pandemic.

Percent of Centers Providing Routine Telemental Health Services

Center Provided Routine Telemental Health Services	# of Centers	Percent
Yes	302	99.3%
No	2	0.7%
TOTAL	304	100%

Percent of Centers Using Specific Adjunctive Telemental Health Services by School Size*

School Size	Interact Screen	MH Screen	Silver	TAO	Well
Under 1,501	—	28.2%	2.6%	2.6%	5.1%
1,501 – 2,500	4.0%	26.0%	4.0%	12.0%	6.0%
2,501 – 5,000	3.2%	22.6%	4.8%	9.7%	—
5,001 – 7,500	9.7%	45.2%	6.5%	3.2%	6.5%
7,501 – 10,000	4.8%	33.3%	4.8%	19.0%	9.5%
10,001 – 15,000	9.7%	29.0%	6.5%	16.1%	12.%
15,001 – 20,000	12.5%	29.2%	—	12.5%	16.7%
20,001 – 25,000	—	56.3%	—	18.8%	12.5%
25,001 – 30,000	8.3%	33.3%	8.3%	16.7%	—
30,001 – 35,000	—	46.2%	—	30.8%	—
35,001 – 45,000	—	25.0%	—	33.3%	8.3%
45,001 and over	7.1%	21.4%	21.4%	14.3%	21.4%
TOTAL	4.9%	30.7%	4.6%	12.6%	7.1%

Interact Screen=Interactive Screening for Suicide; MH Screen=Mental Health Screening Online; Silver=Silvercloud; TAO= Therapy Assistance; Well=Welltrack

Other Telemental Health Services Used by Centers

Type of Service	# of Centers
TimelyMD/TimelyCare	5
ProtoCall	4
MySSP/Morneau Shapell	3
Instagram	2
Aspiria 24/7 Student Assistance Program	1
CampusWell (Student Health 101)	1
Ginger.com	1
Impact Solutions	1
Mantra Health	1
Togetherall	1
You@College	1
Online text bot	1
Survey, Feedback Informed Therapy	1
Online self-driven workshop on center website	1

Percent of Centers by School Size Using Different Telemental Health Modalities

School Size	Phone Counseling	Video Counseling*
Under 1,501	41.0%	84.6%
1,501 – 2,500	40.0%	84.6%
2,501 – 5,000	56.5%	95.2%
5,001 – 7,500	64.5%	93.5%
7,501 – 10,000	57.1%	100%
10,001 – 15,000	64.5%	90.3%
15,001 – 20,000	75.0%	100%
20,001 – 25,000	75.0%	93.8%
25,001 – 30,000	50.0%	83.3%
30,001 – 35,000	76.9%	92.3%
35,001 – 45,000	58.3%	66.7%
45,001 and over	64.3%	78.6%
TOTAL	**56.7%**	**89.3%**

*Video=Video Counseling (e.g., Zoom/WebEx, Doxy.me)

Percent of Centers Regularly Offering In-Person Services

In Person Services?	# Centers	Percent
Yes	47	15.5%
No	256	84.5%
TOTAL	**303**	**100%**

Percent of Centers Regularly Offering In-Person Services by School Size*

School Size	Total Number of Centers	# Centers Offering in Person	Percent Offering in Person
Under 1,501	35	3	8.6%
1,501 – 2,500	44	9	20.5%
2,501 – 5,000	59	7	11.9%
5,001 – 7,500	30	10	32.3%
7,501 – 10,000	21	2	9.5%
10,001 – 15,000	28	5	17.9%
15,001 – 20,000	24	4	16.0%
20,001 – 25,000	15	1	6.7%
25,001 – 30,000	11	2	18.2%
30,001 – 35,000	12	0	0.0%
35,001 – 45,000	10	0	0.0%
45,001 and over	12	4	36.4%
TOTAL	**301**	**37**	**12.3%**

Percent of Centers Regularly Using In Person Services by School Type*

School Type	# Centers	Percent
Metropolitan	3	25.0%
Urban	9	11.7%
Urban Adjacent	5	12.8%
Rural	11	25.0%
TOTAL	**28**	**16.2%**

*Total number of centers routinely using in-person services by school size
 is different from collapsed data set due to not all centers reporting school size.

Centers Stating that Licensing Guidelines Limited Ability to Serve Students

Limits to Serving Students?	# Centers	% Centers
Yes	235	77.6%
No	68	22.4%
TOTAL	303	100%

STAFF INFORMATION

Staff Turnover

Highlights

- Nearly 60% of centers experienced turnover in one or more positions.
- 70% of centers with open positions had difficulty recruiting.
- The top three reasons positions turned over were a better job offer, low salary and poor work conditions.

Number of Staff Positions Turned Over

Percent of Centers Experiencing Turnover of One or More Positions

- 38.7%
- 27.7%
- 16.6%
- 17.0%
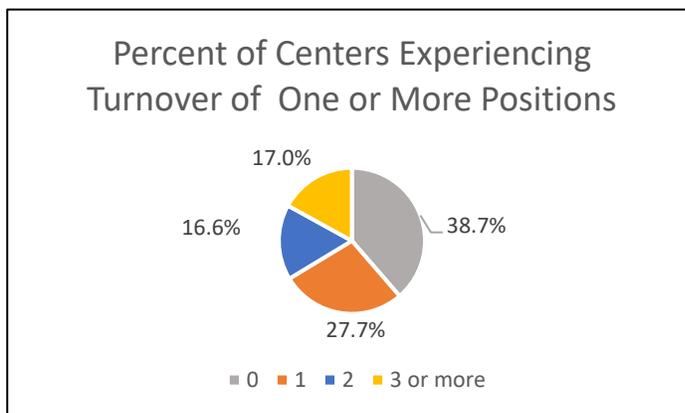
0 1 2 3 or more

Percent of Centers with Specific Number of Position Turn Over by School Size

School Size	# Centers	None	1	2	3 or more
Under 1,501	34	67.6%	23.6%	5.9%	2.9%
1,501 - 2,500	44	38.6%	29.6%	25.0%	6.8%
2,501 - 5,000	60	45.0%	33.3%	16.7%	5.0%
5,001 - 7,500	30	46.7%	30.0%	16.7%	6.7%
7,501 - 10,000	21	38.1%	38.1%	19.0%	4.8%
10,001 - 15,000	28	32.1%	25.0%	17.9%	25.0%
15,001 - 20,000	6	20.0%	40.0%	16.0%	24.0%
20,001 - 25,000	15	33.3%	33.3%	13.4%	20.0%
25,001 - 30,000	11	27.3%	9.1%	18.1%	45.5%
30,001 - 35,000	7	8.3%	25.0%	8.3%	58.3%
35,001 - 45,000	10	20.0%	0.0%	30.0%	50.0%
45,001 and over	12	16.7%	8.3%	8.3%	66.7%

Percent of Centers with Specific Number of Position Turn Over by School Location

School Size	# Centers	None	1	2	3 or more
Metropolitan	12	66.7%	25.0%	0.0%	8.3%
Urban	76	34.2%	28.9%	15.8%	21.1%
Urban Adjacent	5	38.5%	30.8%	17.9%	12.8%
Rural	44	34.1%	45.5%	13.6%	6.8%

Percent of Staff Noting Specific Reasons for Position Turnover (Listed by Rank)

	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	# Centers Ranking this as a concern
Better Job/Promotion	14.4%	9.2%	4.3%	2.1%	0.3%	—	—	70
Retired	9.2%	2.5%	1.5%	1.8%	0.9%	0.6%	—	54
Relocation	10.1%	3.4%	3.1%	1.5%	0.9%	—	—	62
Termination	2.1%	0.6%	1.5%	—	—	0.3%	0.6%	17
Low Salary	8.9%	10.4%	5.8%	2.1%	0.6%	—	0.3%	92
Work Conditions	8.9%	8.6%	8.9%	2.1%	—	—	0.3%	94
Did Not Want to Return to In Person	2.5%	4.0%	3.1%	0.9%	1.8%	0.9%	0.3%	44
Other	6.7%	2.1%	1.2%	1.5%	—	—	—	38

The table above indicates that the two most common reasons for staff turnover are work conditions (with 94 directors reporting this as a reason) and low salary (92 directors reporting this as a reason).

Reasons for Turnover
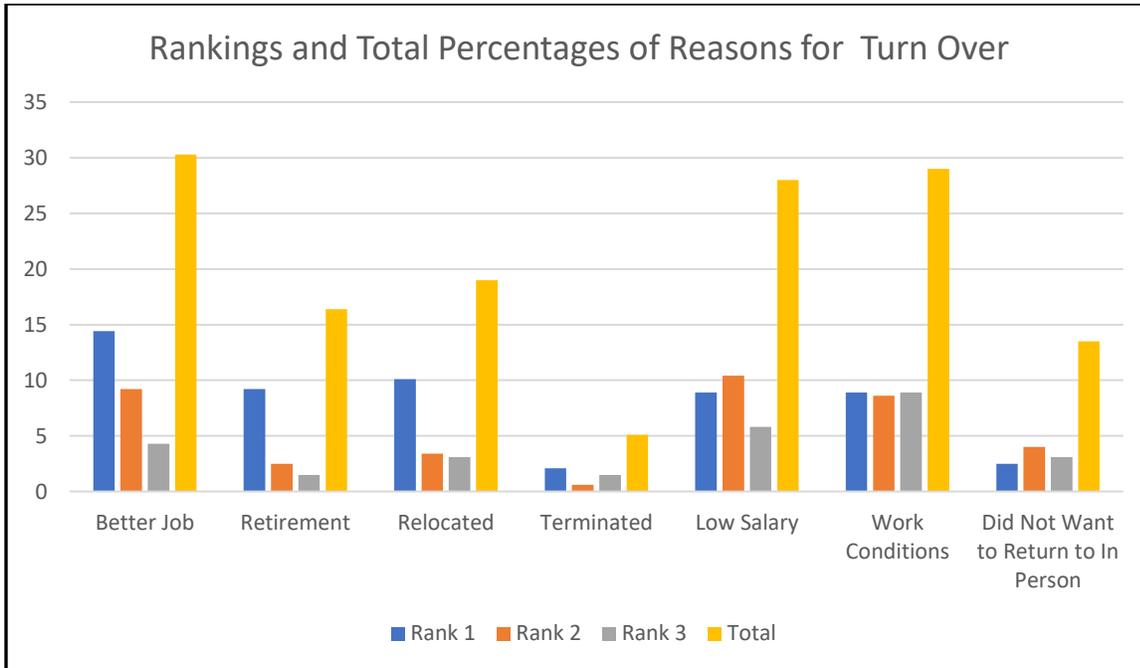
Rankings and Total Percentages of Reasons for Turn Over

Centers That Had Difficulty Recruiting Staff

Difficulty Recruiting	# Centers	% Centers
Yes	155	51.3%
No	68	22.5%
Did Not Have Open Position	79	26.2%
TOTAL	302	100%

Centers with Open Positions That Had Difficulty Recruiting Staff

Difficulty Recruiting	# Centers	% Centers
Yes	155	69.5%
No	68	30.5%
TOTAL	223	100%

Percent of Centers that Had Difficulty Recruiting by School Size

School Size	# Centers	Yes	No	No Open Positions
Under 1,501	34	35.3%	23.5%	41.2%
1,501 - 2,500	43	48.8%	16.3%	34.9%
2,501 - 5,000	60	40.0%	25.0%	35.0%
5,001 - 7,500	31	51.6%	9.7%	38.7%
7,501 - 10,000	21	57.1%	33.3%	9.5%
10,001 - 15,000	28	50.0%	35.7%	14.3%
15,001 - 20,000	25	56.0%	28.0%	16.0%
20,001 - 25,000	15	66.7%	13.3%	20.0%
25,001 - 30,000	11	72.7%	9.1%	18.2%
30,001 - 35,000	12	83.3%	8.3%	8.3%
35,001 - 45,000	10	60.0%	30.0%	10.0%
45,001 and over	12	72.7%	27.3%	0.0%
TOTAL	**302**	**51.3%**	**22.5%**	**26.2%**

Percent of Centers with Open Positions that Had Difficulty Recruiting by School Size

School Size	# Centers	Yes	No
Under 1,501	20	60.0%	40.0%
1,501 - 2,500	28	75.0%	25.0%
2,501 - 5,000	39	61.5%	38.5%
5,001 - 7,500	19	84.2%	15.8%
7,501 - 10,000	19	63.2%	36.8%
10,001 - 15,000	24	58.3%	41.6%
15,001 - 20,000	21	66.7%	33.3%
20,001 - 25,000	12	66.7%	33.3%
25,001 - 30,000	9	88.9%	11.1%
30,001 - 35,000	11	90.9%	9.1%
35,001 - 45,000	9	66.7%	33.3%
45,001 and over	12	66.7%	33.3%
TOTAL	**223**	**69.5%**	**30.5%**

Percent of Centers that Had Difficulty Recruiting by School Location

School Location	# Centers	Yes	No	No Open Positions
Metropolitan	12	58.3%	8.3%	33.3%
Urban	77	55.8%	26.0%	18.2%
Urban Adjacent	39	48.7%	17.9%	33.3%
Rural	44	47.7%	22.7%	29.5%
TOTAL	**172**	**50.0%**	**23.1%**	**26.9%**

Percent of Centers with Open Positions that Had Difficulty Recruiting by School Location

School Location	# Centers	Yes	No
Metropolitan	8	87.5%	12.5%
Urban	63	68.3%	31.7%
Urban Adjacent	26	73.1%	26.9%
Rural	31	67.7%	32.3%
TOTAL	**128**	**70.3%**	**28.7%**

STAFF CONCERNS

Highlights

- A majority of Directors indicated that having to shift to remote operations negatively impacted staff morale and staff cohesion.

Impact of Remote Operations on Staff Morale

Impact	# of Centers	% of Centers
Greatly Improved	5	1.7%
Improved	68	22.6%
No Change	103	34.2%
Deteriorated	110	36.5%
Greatly Deteriorated	15	5.0%
TOTAL	**301**	**100%**

Impact of Remote Operations on Staff Cohesion

Impact	# of Centers	% of Centers
Greatly Improved	1	0.3%
Improved	18	5.9%
No Change	109	36.0%
Deteriorated	154	50.8%
Greatly Deteriorated	21	6.9%
TOTAL	**303**	**100%**

Ways National Events Impacted Staff's Ability to Serve Students

This was an open-ended question which accepted a narrative response. Of the 329 total survey respondents, 206 answered this question. Some Directors shared multiple ways in which staff were impacted, resulting in 299 individually named ways they were impacted. The ways they were impacted are grouped in the themes below.

Ways National Events Impacted Staff's Ability to Serve Students	Frequency	% of Directors
Increased stress required more flexibility	69	33.5%
Increased need for self-care	41	19.9%
Increased workload and licensing needs	35	16.7%
BIPOC disproportionately impacted	26	12.6%
Decreased energy/morale	25	12.0%
Decreased utilization & tech challenges	19	9.2%
Traumatized/grieving	19	9.2%

No impact	14	6.8%
Decreased productivity/cohesion	12	5.7%
Less healthy	11	5.3%
Increased desire for diversity & competence	9	4.4%
Burnout	8	3.9%
Increased genuineness/connection	8	3.9%
Decreased personnel	3	1.5%
TOTAL	**299**	**62.6%**

INSTITUTIONAL INFORMATION

Highlights
- New York has the most college counseling center directors in AUCCCD, followed by California and Pennsylvania. Membership within AUCCCD spans all fifty states and Puerto Rico.
- About 47% of the college counseling services represented within AUCCCD have student populations of 5000 students or less.

U.S. State/Territory in Which College or University is Located (in Survey and all AUCCCD Members)

State/ Territory	# in Srvy	# all Cts	State/ Territory	# in Srvy	# all Ctrs	State/ Territory	# in Srvy	# all Ctrs
Alabama	5	12	Massachusetts	14	44	South Dakota		3
Alaska	1	3	Michigan	7	26	Tennessee	3	17
Arizona	1	5	Minnesota	6	20	Texas	9	30
Arkansas	3	5	Mississippi		4	Utah	4	10
California	12	59	Missouri	10	20	Vermont	1	4
Colorado	5	12	Montana		1	Virginia	9	23
Connecticut	2	13	Nebraska	5	11	Washington	6	17
Delaware			Nevada	2	3	West Virg.	1	6
Florida	12	27	New Hamp.	1	6	Wisconsin	5	15
Georgia	10	20	New Jersey	7	25	Wyoming		2
Hawaii		3	New Mexico		3			
Idaho	3	6	New York	28	73	D.C.	2	5
Illinois	11	32	North Carol.	9	28			
Indiana	12	23	North Dakota	2	2	Puerto Rico	1	2
Iowa	5	11	Ohio	15	39			
Kansas	2	7	Oklahoma		6			
Kentucky	5	13	Oregon	4	13	Intrntl		14
Louisiana	3	10	Pennsylvania	20	55			
Maine	1	7	Rhode Island	2	7	**TOTAL**	**325**	**833**
Maryland	5	18	South Carol.	2	13			

Setting of Institution

Location	# of Centers Contributing Data	Percent of Centers Contributing Data	All AUCCCD Count	Percent of All AUCCCD Members
Metropolitan Inner-City Campus	12	6.7%	48	10.3%
Urban Campus	81	45.3%	201	43.3%
Urban Adjacent Campus	39	21.8%	101	21.8%
Rural Setting Campus	47	26.2%	114	24.6%
TOTAL	179	100%	464	100%

School Size

School Size	# of Centers Contributing Survey Data	Percent of Centers Contributing Survey Data	All AUCCCD Members Count	Percent of All AUCCCD Members
Under 1,501	39	12.0%	110	12.2%
1,501 – 2,500	50	15.4%	127	14.1%
2,501 – 5,000	62	19.1%	188	20.9%
5,001 – 7,500	31	9.5%	84	9.3%
7,501 – 10,000	21	6.5%	69	7.7%
10,001 – 15,000	31	9.5%	88	9.8%
15,001 – 20,000	24	7.4%	66	7.3%
20,001 – 25,000	16	4.9%	44	4.9%
25,001 – 30,000	12	3.7%	34	3.8%
30,001 – 35,000	13	4.0%	26	2.9%
35,001 – 45,000	12	3.7%	31	3.4%
45,001 and over	14	4.3%	34	3.8%
TOTAL	325		901	

School Type	# of Centers	Percent
Art School Only (e.g., Culinary, Music, Design, etc.)	4	1.2%
Community College (e.g., 2-year)	7	2.2%
Health Profession School	11	3.4%
Science, Technology, Engineering and Math (STEM) Institution	3	0.9%
Four-year Public University/College	159	48.9%
Four-year Private University/College	139	42.8%
Other	2	0.6%
TOTAL	**325**	**100%**

Percent of All Enrolled Undergraduate Students Who Live On-Campus by School Size*

School Size	# of Centers	Mean	SD
Under 1,501	26	44.3	37.2
1,501 – 2,500	30	67.4	31.1
2,501 – 5,000	38	43.8	31.8
5,001 – 7,500	19	35.2	27.7
7,501 – 10,000	14	28.6	28.4
10,001 – 15,000	15	32.5	24.4
15,001 – 20,000	12	21.5	16.7
20,001 – 25,000	8	23.4	15.7
25,001 – 30,000	8	19.3	7.4
30,001 – 35,000	5	17.6	2.9
35,001 – 45,000	4	16.3	13.1
45,001 and over	6	21.7	13.9
TOTAL	**185**	**39.1**	**31.4**

*Excludes community colleges

DIRECTOR INFORMATION

Highlights
- The majority of counseling service directors identify as white and female, although there is some diversity in terms of race/ethnicity as well as gender.
- Slightly less than half of the directors have been in their current position 1-5 years.

Director Racial/Ethnic Background-Survey Responders (All answers were free text)

Racial/Ethnic Identity	# of Directors	Percent
African American	14	4.6%
Afro-Carribean	1	0.3%
American/Asian	1	0.3%
Asian	7	2.3%
Asian American	1	0.3%
Asian Indian	1	0.3%
Biracial (Puerto Rican and Caucasian)	1	0.3%
Biracial	1	0.3%
Biracial Latinx - Black and white	1	0.3%
Black	16	5.3%
Caucasian	40	13.3%
European American	2	2.3%
First Generation Canadian (Mediterranean ancestry)	1	0.3%
Hispanic/Multiracial	1	0.3%
Japanese	1	0.3%
Latino/a/x	4	1.3%
Middle Eastern/Iranian	1	0.3%
Multiracial	2	0.6%
South Asian/Indian	1	0.3%
Southeast Asian Chinese	1	0.3%
White	178	59.1%
White/Asian	1	0.3%
White/Caucasian	5	1.7%
White/European descent	1	0.3%
White Hispanic	1	0.3%
White Latina/o/x	4	1.3%
White Mixed Race	1	0.3%
White Non-Hispanic	11	3.6%
Total	**301**	**100%**

Director Gender Identity-Survey Responders (Free text responses)

Gender Identity	Number	Percent
Cis/Female/Woman/She/Her	212	70.4%
Cis Female	*24*	*8.0%*
Female	*159*	*52.8%*
Woman	*26*	*8.6%*
She/her	*3*	*1.0%*
Cis/Male/Man	87	29.0%
Male	*69*	*23.0%*
Cis male	*10*	*3.3%*
Man	*8*	*2.7%*
Non-binary	2	0.6%
TOTAL	**301**	**100%**

The following tables provide data about Directors who completed the Annual Survey as well as those in the entire AUCCCD database.

Directors of One-Person Centers

One Person Center	# of Centers In Survey	Percent of Centers Contributing Data	All AUCCCD Count	Percent of All AUCCCD Members
No	305	93.6%	846	93.8%
Yes	21	6.4%	56	6.2%
TOTAL	**325**	**100%**	**902**	**100%**

Number of Years as Director for AUCCCD Members

Years of Experience as Director

[pie chart]

13.9%
13.8%
47.8%
24.5%

■ 1 to 5 years   ■ 6 to 10 years
■ 11 to 15 years ■ 16 or more years
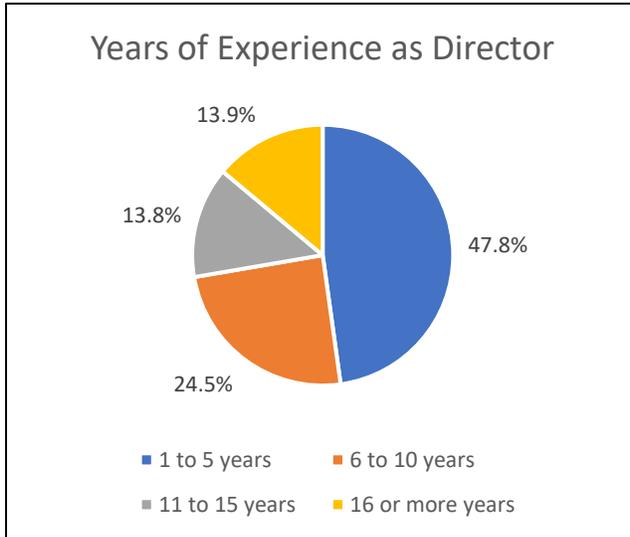
Years of Experience as Director

Years of Experience	Percent of Directors in Survey	% of Directors in AUCCCD
1-5	47.1%	47.8%
6-10	27.6%	24.5%
11-15	13.3%	13.8%
16 or more	12.0%	13.9%

Director Professional Identity

Professional Identity	# of Centers in Survey	Percent of Centers in Survey	All AUCCCD Count	Percent of All AUCCCD Members
Counseling	121	37.8%	299	35.4%
Higher Education Admin.	5	1.5%	16	1.9%
Marriage & Family Therapy	2	0.6%	10	1.2%
Medicine	1	0.3%	10	1.2%
Psychology, Clinical	95	28.9%	271	32.1%
Psychology, Counseling	78	23.9%	154	18.2%
Public Health	1	0.3%	2	0.2%
Social Work	22	6.7%	80	9.5%
Other	1	0.3%	3	0.3%
TOTAL	**326**	**100%**	**845**	**100%**

Director Highest Degree

Degree	# in Survey	% in Survey	# in AUCCCD	% in AUCCCD
Bachelors	1	0.3%	2	0.3%
Masters	74	22.7%	282	33.3%
Doctorate	197	60.4%	553	65.2%
M.D.	1	0.3%	7	0.8%
Other	2	0.6%	3	0.4%
TOTAL	**326**	**100%**	**847**	**100%**

Areas / Functions Director Oversees-Entire AUCCCD Membership

Area	# of Centers	Percent
Academic Advising	4	0.4%
AOD Education and Prevention	40	4.4%
BIT or CARE Team	27	3.0%
Career Services	7	0.8%
Dean of Students' Services	1	0.1%
Disability Services	19	2.1%
Educational Support Services	4	0.4%
Enrollment Services	1	0.1%
First-Year Seminars	5	0.6%
Food Insecurity Services	9	1.0%
Health Services	38	4.2%
Health Promotion Services	46	5.1%
Homelessness Services	3	0.3%
Immunizations	15	1.7%
New Student Orientation	6	0.7%
Pharmacy	2	0.2%
Psychiatric Services	78	8.6%
Recreation Services	4	0.4%
Sexual Misconduct Education & Prevention	15	1.7%
Spiritual Life	2	0.2%
Student Affairs	8	0.9%
Testing Center	13	1.4%
Threat Assessment Team	7	0.8%
TRIO services	1	0.1%
Tutoring	2	0.2%
Veterans' Services	2	0.2%
Violence Prevention	13	1.4%
Women's Resource Center	2	0.2%
Other	37	4.1%
Total # of Centers		**902**

PARTICIPATING SCHOOLS

Abraham Baldwin Agricultural College
Agnes Scott College
American International College
American University of Antigua College of Medicine
American University of the Caribbean School of
  Medicine
Angelo State University
Appalachian State University
Arkansas State University
Ashland University
Auburn University
Augusta University
Ball State University
Bard College
Baruch College
Bates College
Bellarmine University
Berry College
Boston College
Bradley University
Brescia University
Bridgewater State University
Bucknell University
Butler University
BYU - Idaho
Cabrini University
Caldwell University
California College of the Arts
California Institute of Technology
California Lutheran University
California Polytechnic State University
California State University Channel Islands
California State University - Fullerton
Catholic University of America
Central Washington University
Charles Drew University of Medicine & Science
Chatham University
Christopher Newport University
Clarkson University
Clayton State University
Clemson University
Cleveland State University
Colgate University
College of Lake County
College of Saint Benedict / Saint John's University
College of Staten Island (CUNY)
College of Western Idaho
Colorado Christian University

Concordia College
Concordia University Nebraska
Connecticut College
Cornell College
Cornell University
Cornish College of the Arts
Culver Stockton College
Curtin University
Davidson College
Dickinson College
Dixie State University
Drew University
East Carolina University
Eastern Michigan University
Eckerd College
Edgewood College
Elizabethtown College
Embry-Riddle Aeronautical University
Emory University
Felician University
Florida Agricultural and Mechanical University
Florida Atlantic University
Florida Gulf Coast University
Florida International University
Florida State University
Fordham University
Fort Lewis College
George Mason University
Georgetown University in Qatar
Georgia College and State University
Georgia Southern University
Gettysburg College
Gordon State College
Goucher College
Gustavus Adolphus College
Hamilton College
Hampshire College
Haverford College
Hobart and William Smith Colleges
Hope College
Houghton College
Howard Community College
Idaho State University
Illinois State University
Indian Hills Community College
Indiana State University
Indiana University Northwest
Indiana University School of Medicine

Insead
Iowa State University
John Carroll University
Johnson & Wales University Providence Campus
Kansas State University
Lafayette College
Lake Forest College
Le Moyne College
Lees-McRae College
Lenoir Rhyne University
Lewis University
Lock Haven University
Longwood University
Louisiana State University
  Shreveport
Louisiana Tech University
Loyola Marymount University
Loyola University Chicago
Loyola University Maryland
Luther College
Manhattanville College
Marymount University
Marywood University
Massachusetts College of Liberal Arts
Medaille College
Medical University of South Carolina
Meharry Medical College
Memorial University of Newfoundland
Mercy College of Ohio
Metropolitan State University of Denver
Miami University
Michigan State University
Michigan Technological University
Minerva University
Minnesota State University - Mankato
Missouri Southern State University
Missouri State University
Missouri University of Science and Technology
Molloy College
Montclair State University
Mount Carmel College of Nursing
Mount Saint Joseph University
Murray State University
National Louis University
Nazareth College of Rochester
Nebraska Wesleyan University
Nicholls State University
North Carolina Agricultural and Technical State
  University
North Carolina State University
North Central College
North Dakota State University
Northeast Ohio Medical University

Northeastern Illinois University
Northwest Missouri State University
Norwich University
Ohio Northern University
Ohio State University
Ohio University
Oklahoma City Community College
Oregon Institute of Technology
Otis College of Art and Design
Otterbein University
Our Lady of the Lake University
Oxford College of Emory University
Pace University
Pace University, Westchester Campus
Pacific University
Parker University
Penn State University
Pennsylvania College of Technology
Philadelphia College of Osteopathic Medicine
Princeton University
Purdue University
Quinnipiac University
Randolph College
Randolph Macon College
Reed College
Regis College
Regis University
Rhodes College
Robert Morris University
Roberts Wesleyan College
Ross University School of Veterinary Medicine
Rutgers University - Camden
Rutgers University - New Brunswick
Saint Ambrose University
Saint Elizabeth University
Saint Martin's University
Salt Lake Community College
Salve Regina University
Sam Houston State University
Samford University
San Diego State University
San Francisco State University
San Jose State University
Santa Rosa Junior College
Seattle Pacific University
Seton Hall University
Shawnee State University
Siena College
Siena Heights University
Simmons University
Simpson College
Skidmore College
Sonoma State University

Southeast Missouri State University
Southern Methodist University
Spalding University
Springfield College
St. Cloud State University
St. Joseph's College - Brooklyn Campus
St. Mary's College of Maryland
St. Norbert College
St. Olaf College
State University of New York (SUNY) - Brockport
Stephen F. Austin State University
Stetson University
Stony Brook University
SUNY Cortland
SUNY Oswego
SUNY Westchester Community College
Susquehanna University
Syracuse University
Temple University
Tennessee State University
Texas A&M University - Corpus Christi
Texas State University
Texas Tech University
Thomas Jefferson University - East Falls
Towson University
Trinity Christian College
Trinity University
Union College
United States Naval Academy
University at Albany
University at Buffalo
University of Akron
University of Alabama
University of Alabama - Birmingham
University of Alabama - Huntsville
University of Arkansas
University of California - Berkeley
University of California - Santa Cruz
University of Central Arkansas
University of Central Florida
University of Central Missouri
University of Chicago
University of Colorado - Boulder
University of Dayton
University of Denver
University of Evansville
University of Florida
University of Health Sciences and Pharmacy
University of Houston
University of Houston - Clear Lake
University of Illinois at Chicago
University of Illinois at Urbana-Champaign
University of Indianapolis

University of Kansas Medical Center
University of Kentucky
University of Louisville
University of Maine
University of Maryland Baltimore County
University of Massachusetts - Amherst
University of Massachusetts - Dartmouth
University of Massachusetts - Lowell
University of Miami
University of Michigan - Dearborn
University of Michigan - Flint
University of Missouri
University of Missouri - St. Louis
University of Montana
University of Montevallo
University of Nebraska - Omaha
University of Nebraska Medical Center
University of Nebraska - Lincoln
University of Nevada, Las Vegas
University of Nevada - Reno
University of New Hampshire
University of New Orleans
University of North Carolina Charlotte
University of North Carolina Greensboro
University of North Florida
University of North Georgia
University of Notre Dame
University of Pittsburgh
University of Puerto Rico - Rio Piedras Campus
University of Richmond
University of Rochester
University of South Florida - Tampa Campus
University of South Florida - St Petersburg Campus
University of St. Francis
University of St. Thomas
University of Texas at Austin
University of Texas at El Paso
University of the District of Columbia
University of the Pacific
University of the Sciences
University of the South
University of Tokyo
University of Utah
University of Victoria, British Columbia, Canada
University of Virginia
University of Washington
University of Washington Bothell
University of West Florida
University of West Georgia
University of Wisconsin - Madison
University of Wisconsin - Eau Claire
University of Wisconsin - La Crosse
University of Wisconsin - Platteville

Valparaiso University
Vassar College
Vincennes University
Virginia Military Institute
Wabash College
Waukesha County Technical College
Weber State University
Wellesley College
West Chester University of Pennsylvania
West Virginia University
West Virginia University Institute of Technology

Western Carolina University
Western Connecticut State University
Western Oregon University
Western Washington University
Westfield State University
Westminster College
Wheaton College
Widener University
William Jewell College
Worcester Polytechnic Institute
Youngstown State University